WORKBOOK

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Recovering from

an Extramarital Affair

DAVE CARDER

Torn Asunder Workbook

Gary Chapman

Torn Asunder Workbook:

Torn Asunder Workbook David Carder, 2010-04-01 Based on the principles in the bestselling Torn Asunder a book that has helped thousands of people survive infidelity this revised and expanded workbook offers five crucial services for hurting couples Stabilizes the marriage in the initial crisis Provides structure for the emotionally volatile environment Brings closure to the old marriage the marriage prior to the affair Establishes skills necessary for the new marriage pattern Answers the questions How could you do this to me Why did you do it The Torn Asunder workbook is built around daily twenty minute homework exercises initiated by each spouse on alternating days for ten to fifteen weeks Working with your spouse might be the last thing you want to do right now but it s essential to your long term recovery whether or not your marriage survives Healing won t be easy But the Torn Asunder workbook provides hope encouragement and practical advice for the journey Take the first step today Torn Asunder Workbook David Carder, 2001 Torn Asunder Dave Carder, 2007-05-01 A resource on marital infedlity for all involved even onlookers Written by respected pastor and marriage counselor Dave Carder this revised and expanded version of Torn Asunder sorts through the factors that contribute to infidelity and then maps out a recovery process for both partners With compassion and wisdom rooted in the Bible Carder offers insight for the victims of adultery the perpetrators and those who seek to help hurting couples Along the way Carder also answers questions like Why did this happen We didn t actually sleep together so is it still an affair Can I trust my spouse again Should I reveal a secret affair What if my spouse doesn t want me back What do we tell the kids This refreshed and updated edition is an excellent resource for pastors leaders and lay people Pair this with the Torn Asunder Workbook to for extra guidance in applying the book s advice to your marriage Hope For the Separated Gary Chapman, 2008-09-01 The unfortunate reality is that Christians are separating and divorcing at the same rate as the unbelieving world But does separation have to mean the end You may not feel like reconciling You may not see hope for a reunion But the biblical ideal for a separated couple is reconciliation So how do you do it When doors slam and angry words fly when things just aren t working out and even when your spouse has abandoned your trust there is hope Hope for the Separated will show you through God s Word that your marriage can be restored Recognizing that restoration will not happen for everyone Dr Chapman also gives insightful advice for those who experience the pain of divorce One More Try Gary Chapman, 2014-05-19 Is your marriage near the breaking point Dr Gary Chapman America's most beloved marriage counselor will show you how you can give your marriage one more try even if you re already separated Your hurting marriage can be restored With wisdom and practical insight Gary Chapman will help your marriage move toward hope and healing **No Stones** Marnie C. Ferree, 2002 You ll be surprised at the definition of female sexual addiction and the numbers of women who struggle with it No Stones Women Redeemed from Sexual Shame is a powerful and provocative book about the Christian woman's secrets about her sexual behavior and her relationships It bravely addresses this taboo subject with frankness compassion and vulnerability This definitive work

combines the best clinical knowledge with the truth of biblical principles For those women shackled with sexual shame No Healing the Wounds of Sexual Addiction Mark Laaser, 2009-05-26 Hope real hope Stones points the way to redemption for recovery is within reach This book goes beyond clich answers and offers meaningful spiritual and practical steps to healing and freedom from sexual addiction or any addiction With today's rampant availability of Internet pornography sexual addiction has become a national epidemic that affects an increasing number of Christians even pastors and priests As devastating as any drug habit it brings heartbreak and despair to those it entangles But there is help for men and women caught in sexual addiction s downward spiral This book offers a path that leads beyond compulsive thoughts and behaviors to healing and transformation Speaking from his own experience with sexual addiction and recovery Dr Mark Laaser is sensitive to the shame of sexual addiction without minimizing its sinfulness. He traces the roots of the problem discusses its patterns and impact and maps out a biblical approach to self control and sexual integrity Whether you know someone with a sexual addiction or struggle yourself Healing the Wounds of Sexual Addiction points the way to understanding wholeness and holiness Spanish edition also available previously titled Faithful and True Close Calls David Carder, 2008-09-01 Never say never because just when you think your marriage is safe from adultery is when you may be the most vulnerable Dave Carder counselor author of the bestselling Torn Asunder 100 000 in print and a sought after expert on issues of adultery Now with eye opening stories clinical insights and up to date data he reveals what adulterers learned the hard way and want the rest of us to know For example every spouse has a Dangerous Partner Profile of the kind of person who tempts them Close Calls should be on every church leader s and marriage counselor s required reading list Includes charts and assessments

Unlocking Your Family Patterns David Carder, Earl R. Henslin, John S. Townsend III, William Henry Cloud, Alice Brawand, 2011-04-01 Revised and updated from the original this honest and forthwright look at families of all shapes and sizes will help you down the path of healing whether you know you need it or whether you re just not sure Unlocking Your Family Patterns combines decades worth of counseling wisdom and pastoral care insights into this one practical resource Your past may hurt and your family s patterns may have left emotional scars but your future has not been laid in stone yet There is hope for healing there are lessons to learn and there are paths toward family health Using clinical biblical and practical examples to help you uncover the patterns your family has lived in this book might lead you toward the family u turn you ve been looking for Anatomy of an Affair Dave Carder, 2017-09-05 When it comes to adultery never say It won t happen to me Just when you think your marriage is safe from adultery is when you may be the most vulnerable With eye opening stories clinical insights and up to date data Dave Carder reveals what adulterers learned the hard way and what they want the rest of us to know to save us the pain Dave Carder counselor and author of the bestselling Torn Asunder 100 000 in print is a sought after expert on issues of adultery Here he helps you make your marriage adultery proof by showing you How attractions can lead to affairs Ways you may be vulnerable to affairs The common ingredients of adultery How to restore

intimacy to your marriage How to make wise protective decisions Marriage is too sacred to be taken casually Affairs are a very real threat and they can destroy lives and families For this reason Anatomy of an Affair should be on every church leader s and marriage counselor s required reading list and in the home of every married couple Includes charts and assessments to understand and guard against affairs This book is the revised edition of Close Calls 2008

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