

Martin Steffens

Vivre, croire et aimer

La beauté cachée
dans nos vies



MARABOUT

Vivre Croire Aimer Martin Steffens

Martin Steffens



Vivre Croire Aimer Martin Steffens:

Aime et fais ce que tu veux Ramon Caiffa, 2025-01-29 Pourquoi aimons nous Qu est ce qui motive ce sentiment et quelles sont les raisons qui nous conduisent aimer Qu est ce qui ab me l amour Comment expliquer les relations malheureuses ou toxiques Souvent laiss es sans r ponses claires ces interrogations participent au myst re qui fait toute la beaut de l amour Aime et fais ce que tu veux se veut un guide philosophique explorant la nature v ritable de l amour un voyage travers la puissance la fois extatique et tragique de ce sentiment Une lecture qui invite sonder les profondeurs insoup onn es de l amour et s y abandonner avec une passion renouvel e PROPOS DE L AUTEUR Docteur en philosophie et enseignant au lyc e Ramon Caiffa partage chaque jour sa passion pour la philosophie invitant explorer les grandes questions de l existence Sp cialiste de Gabriel Marcel il propose une approche qui int gre la r flexion philosophique et la spiritualit chr tienne Il est auteur de plusieurs articles La soif de l'essentiel Reza Moghaddassi, 2018-01-31 Cette petite voix qui chuchote qu il manque quelque chose nos vies bien remplies devons nous la faire taire comme une malpolie Ou couter son invitation vouloir plus de sens de beaut et de spiritualit Les chercheurs d essentiel sont des sages d guis s en fous Reza Moghaddassi invite le lecteur entrer dans son univers o la philosophie occidentale c toie la spiritualit persane et nous ouvre l essentiel Tout tre humain a besoin d eau pour vivre et grandir Ainsi en est il de l homme qui na t assoiff Mais c t de sa soif physique qui demande tre tanch e il souffre d une soif int rieuse qui demande tre entretenue Avec une critique sensible et vibrante Reza Moghaddassi incite poser un nouveau regard sur nos interrogations existentielles et ouvrir les yeux sur ce qu elles r v lent de plus beau et de plus grand dans nos vies **Ce qui nous fait humains** Martin Steffens, 2025-09-26 Qu est ce qui nous fait humains Pour r pondre cette question il faut aussi d stabilisant que cela puisse para tre aller aux marges Martin Steffens nous emm ne l o l humanit se fait et se d fait C est un seul et m me lieu puisque l humanit inclut comme lui tant constitutive un moment fondateur d exclusion nous ne sommes homme qu aux d pens d un autre qui l humanit est refus e Il ne s agit pas seulement de s en indigner Mais de chercher enrayer une logique log e au plus profond de notre esp ce l aide des travaux du philosophe italien Giorgio Agamben et des ressources de la spiritualit franciscaine Martin Steffens nous permet de d passer notre sid ration face au mal r current que l homme fait ses semblables Cet essai indique de fa on po tique et lumineuse des fa ons de vivre qui sont une mani re de r sister Martin Steffens est agr g de philosophie mati re qu il enseigne en classes pr paratoires Strasbourg Chroniqueur r gulier dans les colonnes du quotidien La Croix et de l hebdomadaire La Vie il est l auteur d une dizaine d ouvrages dont Dieu apr s la peur Salvator 2023 L ternit re ue DDB 2017 **Marcher la nuit** Martin Steffens, 2020-10-07 Nous sommes entr s dans un autre monde Un virus aura suffi gripper la moiti de la plan te Nous avons d prouver un autre rapport l espace et au temps o le pire a c toy le meilleur la lumi re obscure d un v nement qui ne manquera plus de se reproduire les chroniques de Martin Steffens sont ici reprises et reclass es dans une marche en trois temps que symbolisent les figures de Melchior Balthazar et Gaspard Trois figures de l humanit parties la

conqu te d un salut dans un monde o tout d j se faisait recensement contr le peur Mais trois tapes aussi La nuit tomb e Points d or et Petits matins Un prologue in dit et alerte fait le constat de la soudaine clipse de notre humanit Ces textes courts m ditations philosophiques ou spirituelles billets d humour ou d humeur incitent prendre patience sans nous masquer la r alit de ce qu il faut traverser Martin Steffens est professeur de philosophie en kh gne conf rencier et chroniqueur pour La Croix et La Vie Il a publi de nombreux essais parmi lesquels Qui nous fera voir le bonheur J ai lu 2016 avec Christophe Andr Rien que l amour Salvator Prix des Libraires religieux 2016 Rien de ce qui est inhumain ne m est tranger Seuil 2016 L ternit re ue Descl e de Brouwer 2017 Carnets DDB 2020 et un Dictionnaire paradoxal de la philosophie penser la contradiction Lessius 2019 *Vivre, croire et aimer* Martin Steffens, 2015-11-04 Apprendre vivre c est apprendre voir la beaut dans nos vies Dans la continuit de *La vie en bleu* o Martin Steffens nous enseignait comment voir la lumi re au bout du tunnel des p riodes difficiles ce livre nous apprend comment voir la beaut dans nos vies ordinaires en d couvrant l merveillement qui peut s y d voiler qui accepte d ouvrir son regard Non nos vies ne sont pas grises Mieux vivre c est donc d abord savoir accepter la vie lui faire confiance telle qu elle nous arrive et sa beaut C est ensuite en utilisant cette attitude d ouverture savoir agir de fa on multiplier ces moments de gr ce et de positivit Cette action juste nous guidera alors sur la voie de l amour qui se multipliera autour de nous si nous agissons bien Et lorsque nous aurons mis l amour au centre de nos vies nous serons capables de vivre une vraie vie spirituelle en pr tant attention la beaut cach e qui existe dans chaque instant de vie Un livre compagnon pour une vie v cue pleinement **La vie en bleu** Martin Steffens, 2014-02-05 Comment la philosophie aide aimer le r el jusque dans ses preuves Voir la vie en rose dans l impatience d un bonheur imm diat sans preuve et sans nuages nous am ne trop souvent broyer du noir Car comment r aliser la valeur de ce qu on poss de comme un acquis de ce qu on a jamais perdu de ce pour quoi on n a jamais trembl de ce pour quoi on ne s est jamais battu Et si nous apprenions voir la vie en bleu A nous r concilier avec nos difficult s et ouvrir les yeux sur ce qu elles nous apportent de positif accepter les pines des roses et les ecchymoses que nous fait l existence Une promenade philosophique autour des grands enjeux de nos vies l amour et la confiance le risque et la prudence la mort et la vie comme un manuel de mieux vivre **Le nouvel âge des pères** Chantal Delsol, Martin Steffens, 2015-09-15 C est la culture chr tienne n e de l vangile qui a reconnu la femme C est le monde occidental n du christianisme qui en a retard l panouissement S emparant de cette contradiction Chantal Delsol et Martin Steffens entrent en dialogue Lisant l histoire ils interrogent l av nement de l galit des sexes la persistance du machisme l apparition du f minisme Scrutant le pr sent ils questionnent l asservissement r p t des femmes et les d fis que leur lib ration adresse aux hommes en face des femmes mancip es il faut des hommes consistants Qu en est il de la r interpr tation contemporaine des r les et des fonctions de chaque genre au regard d une philosophie de la personne L abolition justifi e du patriarcat peut elle se l gitimer du rejet de la paternit N est il pas temps au contraire que d bute un nouvel ge des p res crit quatre mains ce livre explore de mani re d cisive la crise actuelle de l identit et de la diff rence **Petite vie de Maximilien**

Kolbe Alexia Vidot, Martin Steffens, 2018-04-18 On trouvera peut être dans ce livre tel élément biographique qu'on ignorait. Mais il n'est pas l'essentiel de ce que nous offre cette Petite vie de Maximilien Kolbe. Il y a ici un ton quelque chose d'entraînant de léger qui tranche avec le cliché au sens premier sérieux et avouons-le un peu plombant du prêtre martyr mort Auschwitz dans le bunker de la faim. Suivre la voix d'Alexia Vidot c'est s'acheminer certes vers la fin tragique héroïque bref impressionnante du Père Kolbe mais sans que l'itinéraire soit pour autant réduit son terme. Alexia Vidot donne au chemin d'exister pour lui-même. La mort du Père Kolbe apparaît alors un peu autrement. Comment. Comme le coup de maître d'un grand joueur. Martin Steffens extrait de la préface. Alexia Vidot est journaliste l'hebdomadaire chrétien d'actualité La Vie. En charge des Essentiels le cahier spirituel central du magazine elle croque avec talent l'itinéraire de foi d'inconnus ou de personnalités.

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