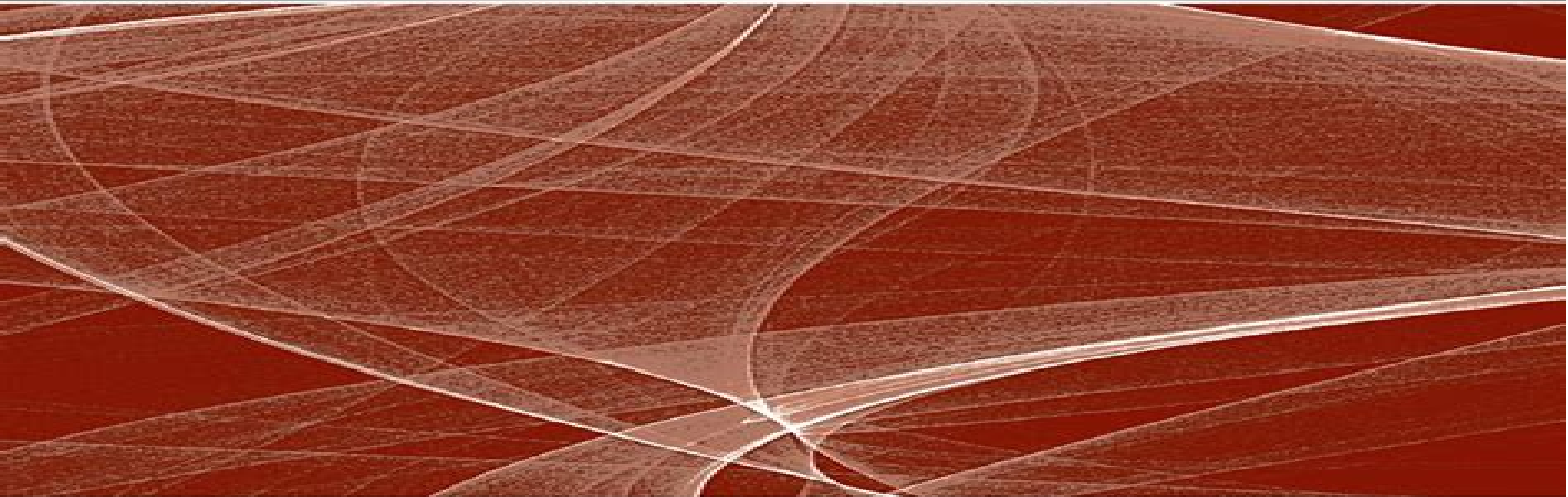


Understanding Research in Clinical and Counseling Psychology

SECOND EDITION



EDITED BY

Jay C. Thomas and Michel Hersen

Understanding Research In Clinical And Counseling Psychology

Johan Rosqvist



Understanding Research In Clinical And Counseling Psychology:

Understanding Research in Clinical and Counseling Psychology Jay C. Thomas, Michel Hersen, 2011-03-01 *Understanding Research in Clinical and Counseling Psychology* Second Edition is written and designed for graduate students in the psychology and counseling fields for whom the value of psychological research is not always readily apparent. Contributed to by experts in their respective fields, this text presents research as an indispensable tool for practice, a tool that is used every day to advance knowledge and improve assessment, treatment choice, and client outcomes. The book is divided into four logical parts: Research Foundations, Research Strategies, Research Practice, and finally, Special Problems. Included is a chapter that addresses one of the most important controversies: the distinction between realistic and gold standard efficacy studies. The remainder of the book addresses salient issues such as conducting research in various cultures, operating an empirically oriented practice, and performing research with families, children, and the elderly. Students and professors will find the coverage ample and penetrating without being too overwhelming.

Understanding Research in Clinical and Counseling Psychology Jay C. Thomas, Michel Hersen, 2003-02-26 *Understanding Research in Clinical and Counseling Psychology* is a unique text because it is designed and written for the graduate students aspiring to careers in practice rather than in psychological science, who are the vast majority in clinical and counseling programs. To motivate readers to see the value of knowledge produced by research, the book opens with an actual case report that shows how research-generated strategies incorporated into treatment allowed a woman who formerly would have been considered so hopelessly incapacitated by obsessive compulsive disorder as to require lifetime institutionalization, if not neurosurgery, to return to normal family and work life. The first set of chapters introduces fundamental concepts of measurement, sampling, and validity. The next set systematically presents the kinds of investigations most relevant to budding practitioners: group comparisons, correlations, single subject designs, program evaluations, and meta-analyses. Each of these chapters concludes with a detailed example of a study in which students can see how the techniques described are actually employed. The third set addresses enduring concerns: how to define and maintain ethical standards, how to do effective literature reviews and assess the quality of existing data, and how to collect and analyze data. It also addresses concerns that have emerged recently: how to distinguish and judge effective and efficacious treatments, and how to contribute to research efforts as a private practitioner. The issues involved in the often confusing effectiveness versus efficacy debate are illuminated with a clinically relevant case example. Descriptions of alternatives to conventional significance testing, such as clinical significance and reliable change analyses, help students consider new ways in which they can impose rigor on their own research and practice activities. Two final chapters examine the challenges of studying two special groups: children and older adults. Throughout, the authors—all capable researchers who are also experienced practitioners—demonstrate the ways in which research is an essential foundation for effective and ethical practice. Students and instructors alike will welcome this reader-friendly book. *Studyguide for*

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Handbook of Clinical Psychology, Volume 1 Michel Hersen, Alan M. Gross, 2008-01-09 Handbook of Clinical Psychology Volume 1 Adults provides comprehensive coverage of the fundamentals of clinical psychological practice for adults from assessment through treatment including the innovations of the past decade in ethics cross cultural psychology psychoneuroimmunology cognitive behavioral treatment psychopharmacology and geropsychology Research Methods in Clinical Psychology Chris Barker, Nancy Pistrang, Robert Elliott, 2015-09-25 Fully updated to reflect the latest developments the third edition of Research Methods In Clinical Psychology offers a comprehensive introduction to the various methods approaches and strategies for conducting research in the clinical psychology field Represents the most accessible user friendly introduction to conducting and evaluating research for clinical psychologists and related professionals Ideal for students and practitioners who wish to conduct their own research or gain a better understanding of published research Addresses important issues such as philosophical underpinnings of various methodologies along with socio political issues that arise in clinical and community settings Step by step guidance through all phases of a clinical psychology research project from initial concept and groundwork through to measurement design analysis and interpretation Updates to this edition include new or expanded coverage of such topics as systematic review and literature searching methods modern psychometric methods guidance on choosing between different qualitative approaches and conducting psychological research via the Internet

Social Processes in Clinical and Counseling Psychology James E. Maddux, Cal D. Stoltenberg, Robert Rosenwein, 2012-12-06 Even as psychology becomes increasingly splintered and specialized as evidenced by the growing number of special interest divisions of the American Psychological Association many psychologists are devoting their energies to finding commonalities between traditionally distinct fields and building bridges between them Developmental psychopathology for example has emerged as a synthesis of child development theory and clinical child psychology Health psychology has resulted from the cooperation and collaboration of many psychologists from a number of fields including clinical counseling social developmental and physiological Within clinical psychology is a growing movement toward rapprochement that is dedicated to finding common themes among seemingly disparate approaches to psychotherapy Thus

integration among different fields has increased even as diversity in psychology has flourished One such integration or interfacing effort that is related in several ways to the integrative efforts just noted involves social clinical and counseling psychology Although this effort is not a new one see chapter 1 it was given a new lease on life by the publication of the first issue of the Journal of Social and Clinical Psychology in 1983 Since that time several volumes and numerous journal articles and book chapters have been devoted to the general notion that social psychological theory and research has much to offer clinical and counseling psychology such as greater understanding of psychological and everyday problems in living and insight into clinical and counseling activities such as psychotherapy

The Oxford Handbook of Research Strategies for Clinical Psychology Jonathan S. Comer, Philip C. Kendall, 2013-05-09 The Oxford Handbook of Research Strategies for Clinical Psychology has recruited some of the field's foremost experts to explicate the essential research strategies currently used across the modern clinical psychology landscape that maximize both scientific rigor and clinical relevance

The SAGE Encyclopedia of Abnormal and Clinical Psychology Amy Wenzel, 2017-03-16 Abnormal and clinical psychology courses are offered in psychology programs at universities worldwide but the most recent major encyclopedia on the topic was published many years ago Although general psychology handbooks and encyclopedias include essays on abnormal and clinical psychology such works do not provide students with an accessible reference for understanding the full scope of the field The SAGE Encyclopedia of Abnormal and Clinical Psychology a 7 volume A-Z work print and electronic formats is such an authoritative work Its more than 1 400 entries provide information on fundamental approaches and theories various mental health disorders assessment tools and psychotherapeutic interventions and the social legal and cultural frameworks that have contributed to debates in abnormal and clinical psychology Key features include 1 400 signed articles contained in 7 volumes and available in choice of print and or electronic formats Although organized A to Z front matter includes a Reader's Guide grouping related entries thematically Back matter includes a Chronology Resource Guide Bibliography and detailed Index Entries conclude with References Further Readings and Cross References to related entries The Index Reader's Guide themes and Cross References between and among entries all combine to provide robust search and browse features in the electronic version

Encyclopedia of Behavior Modification and Cognitive Behavior Therapy Michel Hersen, 2005-01-25 The three volume Encyclopedia of Behavior Modification and Cognitive Behavior Therapy provides a thorough examination of the components of behavior modification behavior therapy cognitive behavior therapy and applied behavior analysis for both child and adult populations in a variety of settings Although the focus is on technical applications entries also provide the historical context in which behavior therapists have worked including research issues and strategies Entries on assessment ethical concerns theoretical differences and the unique contributions of key figures in the movement including B F Skinner Joseph Wolpe Aaron T Beck and many others are also included No other reference source provides such comprehensive treatment of behavior modification history biography theory and application Thematic Coverage The first of the thematic

volumes covers Adult Clinical Applications Adults are the most common population encountered by researchers clinicians and students and therefore more than 150 entries were needed to cover all necessary methods The second volume covers Child Clinical Applications in 140 entries One especially useful aspect of this volume will be the complications sections addressing what can go wrong in working with children This is an area often overlooked in journal articles on the subject Volume III Educational Applications addresses a range of strategies and principles of applied behavior analysis positive behavior support and behavior modification and therapy These entries focus on classroom and school contexts in which the instructional and behavioral interactions between teachers and their learners are emphasized Unique Easy to Follow Format Each of the volumes entries address a full range of mental health conditions and their respective treatments with the aim of providing systematic and scientific evaluation of clinical interventions in a fashion which will lend itself to the particular style of treatment common to behavior modification Major entries for specific strategies follow a similar format 1 Description of the Strategy 2 Research Basis 3 Relevant Target Populations and Exceptions 4 Complications 5 Case Illustration 6 Suggested Readings 7 Key Words Biographical sketches include the following 1 Birthplace and Date 2 Early Influences 3 Education History 4 Professional Models 5 Major Contributions to the Field 6 Current Work and Views 7 Future Plans Readership This encyclopedia was designed to enhance the resources available to students scholars practitioners and other interested social science readers The use of in text citations jargon and descriptions of research designs and statistics has been minimized making this an accessible comprehensive resource for students and scholars alike Academic and research librarians in the social sciences health and medicine will all find this an invaluable addition to their collections Key Features Three thematic volumes and over 430 total entries Five anchor articles in each volume provide context on major issues within the field Key words and lists of suggested readings follow each entry Contributions by internationally renowned authors from England Germany Canada Australia New Zealand and the United States Volume Editors Volume I Adult Clinical Applications Michel Hersen Johan Rosqvist Pacific University Volume II Child Clinical Applications Alan M Gross Ronald S Drabman University of Mississippi Volume III Educational Applications George Sugai Robert Horner University of Oregon Advisory Board Thomas M Achenbach Ph D Department of Psychiatry University of Vermont Stewart W Agras M D Department of Psychiatry Behavioral Science Stanford University School of Medicine David H Barlow Ph D ABPP Center of Anxiety and Related Disorders Boston University Alan S Bellack Ph D ABPP Department of Psychiatry University of Maryland School of Medicine Edward B Blanchard Ph D Department of Psychology University of Albany SUNY James E Carr Ph D Department of Psychology Western Michigan University Anthony J Cuvo Ph D Rehabilitation Institute Southern Illinois University Gerald C Davison Ph D Department of Psychology University of Southern California Eric F Dubow Ph D Psychology Department Bowling Green State University Rex L Forehand Ph D Psychology Department University of Vermont Arnold A Lazarus Ph D ABPP Center for Multimodal Psychological Services Robert P Liberman M D Department of Psychiatry West Louisiana VA Medical Center

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Clinical Psychology Andrew M. Pomerantz, 2019-07-30 The best selling Clinical Psychology Science Practice and Diversity presents an inclusive and culturally competent view of the vast world of clinical psychology Through lively examples robust scholarship and a highly readable narrative award winning author Andrew M Pomerantz explores the key topics of clinical assessment psychotherapy and ethical and professional issues while also incorporating discussions of current controversies and specialized topics The Fifth Edition includes a new career focused feature original videos addressing ethical issues and updates reflecting the latest research findings in the field INSTRUCTORS Clinical Psychology is accompanied by free SAGE edge online resources including In My Practice whiteboard videos These original videos breathe life into concepts via stories drawn from the author s own experience as a practicing clinician

Introduction to Clinical Psychology John Hunsley, Catherine M. Lee, 2017-12-04 Introduction to Clinical Psychology An Evidence Based Approach 4th Edition by University of Ottawa authors Catherine M Lee and John Hunsley introduces students to the theories and practices of clinical psychology and conveys the important work done by clinical psychologists This text is designed to be helpful not only to those who will go on to careers in clinical psychology but also to those who will choose other career paths

Handbook of Clinical Interviewing With Adults Michel Hersen, Jay C. Thomas, 2007-08-08 Clinical interviewing with adults is both an art and a science This handbook will appeal to a wide range of clinical researchers therapists interns and graduate students new to the complexities of the clinical interview and diagnostic process The comprehensive range of topics and coverage that includes case illustrations with dialogue and differential diagnosis and co morbidity will be highly attractive features to researchers professional therapists and graduate students The Hersen and Thomas team is highly qualified to succeed in this ambitious set of three projects Carolyn Brodbeck Chapman University The Handbook of Clinical Interviewing with Adults is one of three interrelated handbooks on the topic of interviewing for specific populations It presents a combination of theory and practice plus concern with diagnostic entities for readers who work or one day will work with adults in clinical settings The volume begins with general issues structured versus unstructured interview strategies mental status examinations selection of treatment targets and referrals writing up the intake interview etc moves to a section on major disorders most relevant to adult clients depression bipolar disorder agoraphobia posttraumatic stress disorder eating disorders alcohol and drug abuse sexual dysfunction etc and concludes with a chapter on special populations and issues neurologically impaired patients older

adults behavioral health consultation etc *Evidence-Based Outcome Research* Arthur M. Nezu, Christine Maguth Nezu, 2007-09-27 This edited volume provides both conceptual and practical information for conducting and evaluating evidence based outcome studies It encompasses psychotherapy research for traditional mental health disorders eg depression anxiety as well as psychosocial based treatments provided to medical patient populations to have impact either on the disease process itself pain cardiovascular risk or to improve the quality of life of such individuals This is a hands on book whose major emphasis is on the practical nuts and bolts implementation of psychosocial based RCTs from conception to completion **Scientific Foundations of Clinical Assessment** Stephen N. Haynes, Gregory T. Smith, John D. Hunsley, 2011-03-07 Scientific Foundations of Clinical Assessment is a user friendly overview of the most important principles and concepts of clinical assessment It provides readers with a science based framework for interpreting assessment research and making good assessment decisions such as selecting the best instruments and measures and interpreting the obtained assessment data Written in a direct and highly readable fashion with plenty of clinical examples that illustrate the relevance of psychometric principles and assessment research this text is one every professional and graduate student needs to read Numerous elements are used consistently throughout the book to facilitate understanding and retention such as text boxes that provide extended presentations of the application of principles and research end of chapter summaries that review key issues covered and additional recommended sources for each chapter A detailed glossary that defines key measurement and assessment concepts is also included making this book an invaluable reference and supplementary text for anyone who does clinical assessment in the health and mental health domains *Handbook of Clinical Interviewing With Children* Michel Hersen, Jay C. Thomas, 2007-08-08 The Handbook of Clinical Interviewing with Children is one of three interrelated handbooks on the topic of interviewing for specific populations It presents a combination of theory and practice plus concern with diagnostic entities for readers who work or one day will work with children and their parents and teachers in clinical settings The volume begins with general issues structured versus unstructured interview strategies developmental issues when working with children writing up the intake interview etc moves to a section on major disorders with special relevance for child populations conduct disorders attention deficit hyperactivity disorder learning disorders etc and concludes with a section addressing special populations **Exposure Treatments for Anxiety Disorders** Johan Rosqvist, 2012-10-12 Exposure Treatments for Anxiety Disorders is a unique volume as it draws together the latest research on the rapidly expanding field of anxiety disorders and illuminates how to correctly apply the proven methodology of behavioral therapy techniques to the variety of situations that face today's mental health professional That said cognitive therapy has in the last 10 years gotten increased attention as an alternative to behavior therapy in the treatment of anxiety disorders But while it is gaining acceptance among practitioners cognitive therapy has yet to illustrate substantial benefits above those that behavior therapy can already provide In light of the aforementioned coupled with the pressure many practitioners feel from managed

care paradigms and shrinking healthcare coverage this book will be a welcome resource allowing for increased clarity of action accountability and ultimately positive client outcome Each chapter is designed to address pivotal aspects in the assessment formulation and diagnosis and treatment of anxiety disorders to a sufficient depth that the generalist practitioner will be comfortable using this book as a guide when working with the anxiety disordered client

Encyclopedia of Measurement and Statistics Neil J. Salkind, 2006-10-13 The study of measurement and statistics can be less than inviting However in fields as varying as education politics and health care assessment and the use of measurement and statistics have become integral parts of almost every activity undertaken These activities require the organization of ideas the generation of hypotheses the collection of data and the interpretation illustration and analysis of data No matter where educated people look this critical analysis is more important than ever in an age where information and lots of it is readily available The ideas and tools contained in the Encyclopedia of Measurement and Statistics are approachable and can be invaluable for understanding a very technical world and the increasing flow of information Although there are references that cover statistics and assessment in depth none provides as comprehensive a resource in as focused and accessible a manner as the three volumes of this Encyclopedia Through approximately 500 contributions experts provide an overview and an explanation of the major topics in these two areas Key Features Covers every major facet of these two different but highly integrated disciplines from mean mode and median to reliability validity significance correlation and much more all without overwhelming the informed reader Offers cross disciplinary coverage with contributions from and applications to the fields of Psychology Education Sociology Human Development Political Science Business and Management Public Health and others Provides cross reference terms further readings and Web site URLs following most entries as well as an extensive set of appendices and an annotated list of organizations relevant to measurement and statistics Appendices Features Appendix A is a guide to basic statistics for those readers who might like an instructional step by step presentation of basic concepts in statistics and measurement Appendix B is a table of critical values used in hypothesis testing and an important part of any reference in this area Appendix C represents a collection of some important and useful measurement and statistics Internet sites A primary goal of creating this set of volumes is to open up the broad discipline of measurement and statistics to a wider and more general audience than usual Edited by bestselling author Neil J Salkind this Encyclopedia is specifically designed to appeal to beginning and intermediate level students practitioners researchers and consumers of information It is a welcome addition to any academic library

Psychopathology in the Workplace Jay C. Thomas, Michel Hersen, 2004-08-02 This text provides students and professionals with the knowledge they need to treat work related psychopathology and contribute to this new and growing aspect of clinical practice

Clinician's Handbook of Adult Behavioral Assessment Michel Hersen, 2011-04-28 Given the vast amount of research related to behavioral assessment it is difficult for clinicians to keep abreast of new developments In recent years there have been advances in assessment case conceptualization treatment

planning treatment strategies for specific disorders and considerations of new ethical and legal issues Keeping track of advances requires monitoring diverse resources limited to specific disorders many of which are theoretical rather than practical or that offer clinical advice without providing the evidence base for treatment recommendations This handbook was created to fill this gap summarizing critical information for adult behavioral assessment The Clinician s Handbook of Adult Behavioral Assessment provides a single source for understanding new developments in this field cutting across strategies techniques and disorders Assessment strategies are presented in context with the research behind those strategies along with discussions of clinical utility and how assessment and conceptualization fit in with treatment planning The volume is organized in three sections beginning with general issues followed by evaluations of specific disorders and problems and closing with special issues To ensure cross chapter consistency in the coverage of disorders these chapters are formatted to contain an introduction assessment strategies research basis clinical utility conceptualization and treatment planning a case study and summary Special issue coverage includes computerized assessment evaluating older adults behavioral neuropsychology ethical legal issues work related issues and value change in adults with acquired disabilities Suitable for beginning and established clinicians in practice this handbook will provide a ready reference toward effective adult behavioral assessment

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