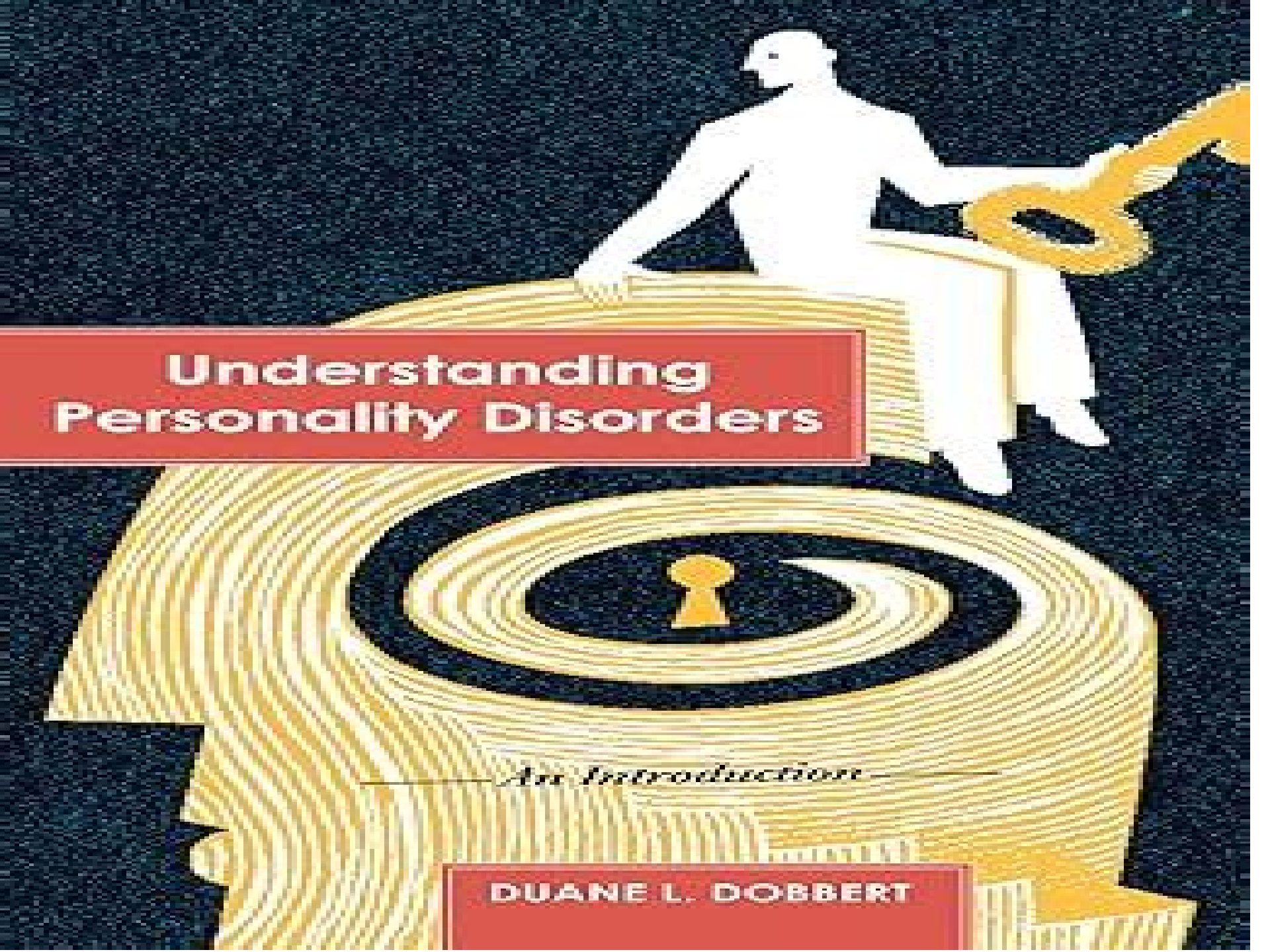




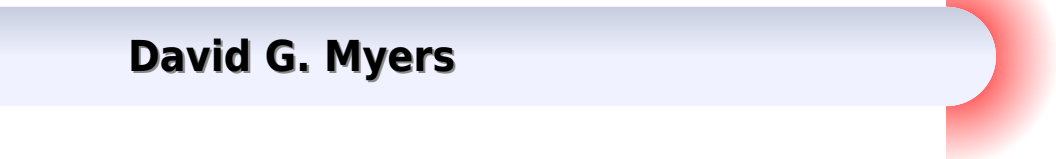
Understanding Personality Disorders

An Introduction

DUANE L. DOBBERT

Understanding Personality Disorders An Introduction

David G. Myers



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CBT for Personality Disorders Henck van Bilsen, Brian Thomson, 2011-02-09 This key new text on CBT for personality disorders offers a unique trainee guide to this complex area The book provides a practical hands on overview of the treatment strategies for working with personality disorders linking these with the theory of both cognitive and behavioural approaches Covering the full range of personality disorders this is the most rounded and introductory guide yet Key content includes therapist self care avoiding pitfalls holding the CBT line in challenging circumstances across a range of multi disciplinary settings exploration of the therapeutic relationship and engagement strategies reflections on the evidence for CBT and personality problems chapter introductions and summaries key learning points and reflective questions case examples and vignettes This book is an important resource for anyone wishing to use their CBT training with clients presenting personality disorders

Understanding Abnormal Psychology Pamilla Ramsden, 2013-04-22 Understanding Abnormal Psychology provides a thorough understanding of abnormal psychology with a focus on the integration of psychology biology and health It goes beyond a descriptive overview of clinical disorders to provide a critical appreciation of the multifaceted aspects of mental illness Each disorder is clearly and succinctly explained with the support of case studies These examples are then used to introduce the debates surrounding current research the biology of abnormal disorders and standards of treatment The bridge between the biological elements of brain functioning and the psychological mechanisms that are responsible for coping and adjustment is thoroughly explored This valuable consideration of the range of elements involved in the diagnosis and treatment of clinical disorders will provide you with a broad and critical understanding of this complex and fascinating field The companion website has a number of useful features for students including a flipcard glossary of key terms from the textbook and a test bank of interactive self assessment multiple choice questions

Gale Researcher Guide for: Overview of Personality Eric Stocks, 2018-08-30 Gale Researcher Guide for Overview of Personality is selected from Gale s academic platform Gale Researcher These study guides provide peer reviewed articles that allow students early success in finding scholarly materials and to gain the confidence and vocabulary needed to pursue deeper research

Exploring Psychology, Sixth Edition in Modules

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hypothetical case studies and compassionate reflection it transforms complex material into an engaging comprehensive learning experience Perfect for students therapists counselors or anyone eager to learn about human behavior this book equips readers with both knowledge and empathy Mentalization-Based Treatment for Personality Disorders Anthony Bateman, Peter Fonagy, 2016-01-28 Mentalizing the ability to understand oneself and others by inferring mental states that lie behind overt behaviour develops within the context of attachment relationships It is crucial to self regulation and constructive intimate relationships both of which are impaired in personality disorders because of sensitivity to losing mentalizing at times of anxiety and attachment stress Loss of mentalizing leads to interpersonal and social problems emotional variability impulsivity self destructive behaviours and violence This practical guide on mentalization based treatment MBT of personality disorders outlines the mentalizing model of borderline and antisocial personality disorders and how it translates into clinical treatment The book divided into four parts the mentalizing framework basic mentalizing practice mentalizing and groups and mentalizing systems covers the aims and structure of treatment outlines how patients are introduced to the mentalizing model so that their personality disorder makes sense to them explains why certain interventions are recommended and others are discouraged and systematically describes the process of treatment in both group and individual therapy to support more stable mentalizing People with personality disorders commonly have comorbid mental health problems such as depression and eating disorders which complicate clinical treatment Therefore the book advises the clinician on how to manage comorbidity in treatment In addition mentalizing problems in families and social systems for example schools and mental health services are also covered A families and carers training and support guide is provided as families and others are often neglected during the treatment of people with personality disorder The book is a valuable guide for all mental health workers on how to effectively treat personality disorders

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