

TRANSCENDING THE SELF

AN OBJECT

RELATIONS

MODEL OF

PSYCHOANALYTIC

THERAPY



FRANK L. SUMMERS

Transcending The Self An Object Relations Model Of Psychoanalytic Therapy

Boaventura de Sousa Santos



Transcending The Self An Object Relations Model Of Psychoanalytic Therapy:

Transcending the Self Frank Summers, 2013-11-12 Despite the popularity of object relations theories these theories are often abstract with the relation between theory and clinical technique left vague and unclear Now in *Transcending the Self An Object Relations Model of Psychoanalytic Therapy* Summers answers the need for an integrative object relations model that can be understood and applied by the clinician in the daily conduct of psychoanalytic therapy Drawing on recent infancy research developmental psychology and the works of major theorists including Bollas Benjamin Fairbairn Guntrip Kohut and Winnicott Summers melds diverse object relational contributions into a coherent viewpoint with broad clinical applications The object relations model emerges as a distinct amalgam of interpersonal relational and interpretive perspectives It is a model that can help patients undertake the most gratifying and treacherous of personality journeys that aiming at the transcendence of the childhood self Self transcendence in Summers sense means moving beyond the profound limitations of early life via the therapeutically mediated creation of a newly meaningful and authentic sense of self Following two chapters that present the empirical and theoretical basis of the model he launches into clinical applications by presenting the concept of therapeutic action that derives from the model Then in three successive chapters he applies the model to patients traditionally conceptualized as borderline narcissistic and neurotic He concludes with a chapter that addresses more broadly the craft of conducting psychoanalytic therapy Filled with richly detailed case discussions *Transcending the Self* provides practicing clinicians with a powerful demonstration of how psychoanalytic therapy informed by an object relations model can effect radical personality change It is an outstanding example of integrative theorizing in the service of a real world therapeutic approach

Self Creation Frank Summers, 2013-06-17 Insight and Change The problematic relationship between these two concepts to which the reality of psychoanalytic patients who fully understand maladaptive patterns without being able to change them attests has dogged psychoanalysis for a century Building on the integrative object relations model set forth in *Transcending the Self* 1999 Frank Summers turns to Winnicott's notion of potential space in order to elaborate a fresh clinical approach for transforming insight into new ways of being and relating For Summers understanding occurs within transference space but the latter must be translated into potential space if insight is to give rise to change in the world outside the consulting room Within potential space Summers holds the analyst's task shifts from understanding the present to aiding and abetting the patient in creating a new future This means that the analyst must draw on her hard won understanding of the patient to construct a vision of who the patient can become Lasting therapeutic change grows out of the analyst's and patient's collaboration in developing new possibilities of being that draw on the patient's affective predispositions and buried aspects of self In the second half of the book Summers applies this model of therapeutic action to common clinical syndromes revolving around depression narcissistic injuries somatic symptoms and internalized bad objects Here we find vivid documentation of specific clinical strategies in which the therapeutic use of potential space

gives rise to new ways of being and relating which in turn anchor the creation of a new sense of self

Psychodynamic Psychiatry in Clinical Practice, Fifth Edition Glen O. Gabbard, M.D., 2014-04-16 It is difficult to improve on a classic but the fifth edition of Psychodynamic Psychiatry in Clinical Practice does just that offering the updates readers expect with a deft reorganization that integrates DSM 5 with the author's emphasis on psychodynamic thinking The individual patient is never sacrificed to the diagnostic category yet clinicians will find the guidance they need to apply DSM 5 appropriately Each chapter has been systematically updated to reflect the myriad and manifold changes in the 9 years since the previous edition's publication All 19 chapters have new references and cutting edge material that will prepare psychiatrists and residents to treat patients with compassion and skill The book offers the following features Each chapter integrates new neurobiological findings with psychodynamic understanding so that clinicians can approach their patients with a truly biopsychosocial treatment plan Excellent writing and an intuitive structure make complicated psychodynamic concepts easy to understand so that readers can grasp the practical application of theory in everyday practice The book links clinical understanding to the new DSM 5 nomenclature so that clinicians and trainees can adapt psychodynamic thinking to the new conceptual models of disorders New coverage of psychodynamic thinking with relation to the treatment of patients on the autism spectrum addresses an increasingly important practice area Posttraumatic stress and dissociative disorders have been combined to allow for integrated coverage of primary psychiatric disorders related to trauma and stressors A boon to clinicians in training and practice the book has been meticulously edited and grounded in the latest research The author firmly believes that clinicians must not lose the complexities of the person in the process of helping the patient Psychodynamic Psychiatry in Clinical Practice Fifth Edition keeps this approach front and center as it engages instructs and exhorts the reader in the thoughtful humane practice of psychodynamic psychiatry

Cognitive Justice in a Global World Boaventura de Sousa Santos, 2007-10-23 Cognitive Justice in a Global World Prudent Knowledges for a Decent Life is an edited collection that springs from the now dormant debates known as The Science Wars which questioned the nature of scientific theories Learning from the debates about the plurality of truths and opinions editor Boaventura de Sousa Santos has realized an opportunity for strengthening the relations between the natural and social sciences with more epistemological affinities and for opening up new transnational dialogues between scientists and other producers of knowledge This book analyses in detail some of the topics that amount to a set of problematic relations between science and ethics between objectivity and neutrality between the sociological and theoretical condition of production and the limits of scientific rigor between public faith in science and the economic powers that determine scientific priorities and between science and other kinds of knowledge existing in society Maintaining that global social injustice is by and large epistemological injustice and that there can be no global social justice without global cognitive justice Cognitive Justice in a Global World is an important collection for higher level students and researchers in the social sciences philosophy of science and intellectual history

Psychodynamic Psychiatry in Clinical Practice Glen O. Gabbard, 2005 This new edition continues its tradition as the most readable scholarly and practical introduction to psychodynamic theory and practice available This invaluable one stop reference will prepare you to teach students and treat patients more effectively with its truly integrative psychodynamic approach

False Self Linda Hopkins, 2018-04-24 In this book clinical psychologist Linda Hopkins offers a balanced view of Masud Khan's rich and extremely problematic life presenting transcripts of interviews with analysts and supervisees who describe Khan's clinical work

Formation and the Person Alessandro Manenti, Stefano Guarinelli, Hans Zollner, 2007 This book gathers the foundational concepts which characterise the approach to the person as human and as Christian which has been developed at the Institute of Psychology of the Pontifical Gregorian University during its more than 35 years of activity The book directs these concepts towards further paths for investigation and puts them in dialogue with sister schools of depth psychology and with other areas of scholarship in particular philosophy and theology which are equally interested in exploring the human mystery Hence the variety of authors psychologists philosophers and theologians brought together by a common interest in understanding and forming the human person in better ways The reflections contained in this book gain concrete expression in an educative therapeutic practice and they review the nodal points which are part of every journey of growth and of psychotherapy personal identity interaction with the external world and the attainment of personal truth inner imagination desires and affections conflicts Instruments are offered to enable the formator and the psychotherapist to make the best possible use of the great energies which are made available by their application how to identify the real problem where to concentrate one's attention what to listen to how to handle the relationship on what element to act in order to promote improvement cure what kind of change to propose While accompaniment and psychotherapy are different procedures they nevertheless have many similarities and points of contact The dynamic relations and the factors involved in growth which this book describes are valid for both modalities of intervention and will be of interest to anyone who wishes to help others in a more enlightened educative dialogue

Self Creation Frank Summers, 2013-06-17 *Insight and Change* The problematic relationship between these two concepts to which the reality of psychoanalytic patients who fully understand maladaptive patterns without being able to change them attests has dogged psychoanalysis for a century Building on the integrative object relations model set forth in *Transcending the Self* 1999 Frank Summers turns to Winnicott's notion of potential space in order to elaborate a fresh clinical approach for transforming insight into new ways of being and relating For Summers understanding occurs within transference space but the latter must be translated into potential space if insight is to give rise to change in the world outside the consulting room Within potential space Summers holds the analyst's task shifts from understanding the present to aiding and abetting the patient in creating a new future This means that the analyst must draw on her hard won understanding of the patient to construct a vision of who the patient can become Lasting therapeutic change grows out of the analyst's and patient's collaboration in developing new possibilities of being that draw

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Counseling Theories and Techniques for Rehabilitation Health Professionals Fong Chan, 2004-02-17
 Print CourseSmart

Way Beyond Freud Joseph Reppen, Jane Tucker, Martin A. Schulman, 2004 The contributors featured in this work engage the reader in a stimulating exchange and dialogue about the post modern turn in psychoanalysis They advocate critique or simply observe this contemporary phenomenon

The Complete Mental Health Directory Laura Mars, 2001 This Second Edition has broadly expanded to offer the most comprehensive information covering the field of behavioral health with critical information for both the layman mental health professional For the layman this directory offers understandable descriptions of 25 Mental Health disorders as well as detailed information on Associations Media Support Groups Mental Health Facilities For the professional The Complete Mental Health Directory offers critical comprehensive information on Managed Care Organizations Information Systems Government Agencies Provider Organizations For immediate access to information The Complete Mental Health Directory four indexes a brand new Web Sites Index a Disorder Index an Organization Index a Geographic Index This comprehensive volume of needed useful information will be a welcome addition to any reference collection

Psychology. Sielkunde, 2004

Digest of Neurology and Psychiatry, 1999

Books In Print 2004-2005 Ed Bowker Staff, Staff Bowker, Ed, 2004

American Book Publishing Record, 1999

American Journal of Psychotherapy, 2000

Subject Guide to Books in Print, 1991

The British National Bibliography Arthur James Wells, 2000

Into the Mountain Stream Paul C. Cooper, 2007 The lived relation between Buddhism and psychotherapy finds expression in the Buddhist's practice the therapist's stance and response to those who seek help Paul C Cooper has gathered papers that demonstrate through extensive autobiographical material the relationship between personal religious experience and clinical work The contributing authors without exception confront psychoanalytic theory and religious teachings in highly personal ways through personal narratives and abundant clinical material

Transcending Psychoneurotic Disturbances Edward Bruce Bynum, 1994

This book delves into Transcending The Self An Object Relations Model Of Psychoanalytic Therapy. Transcending The Self An Object Relations Model Of Psychoanalytic Therapy is a vital topic that must be grasped by everyone, from students and scholars to the general public. The book will furnish comprehensive and in-depth insights into Transcending The Self An Object Relations Model Of Psychoanalytic Therapy, encompassing both the fundamentals and more intricate discussions.

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 - Chapter 4: Transcending The Self An Object Relations Model Of Psychoanalytic Therapy in Specific Contexts
 - Chapter 5: Conclusion
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 3. In chapter 2, this book will delve into the foundational concepts of Transcending The Self An Object Relations Model Of Psychoanalytic Therapy. The second chapter will elucidate the essential principles that need to be understood to grasp Transcending The Self An Object Relations Model Of Psychoanalytic Therapy in its entirety.
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