

What Every Singer Needs to Know About the Body

Third Edition

Melissa Malde
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What Every Singer Needs To Know About The Body

**Melissa Malde, Kurt Alexander
Zeller, Maryjean Allen**



What Every Singer Needs To Know About The Body:

What Every Singer Needs to Know About the Body, Fourth Edition Melissa Malde, MaryJean Allen, Kurt-Alexander Zeller, 2020-06-05 What Every Singer Needs to Know About the Body Fourth Edition gives singers and teachers a Body Mapping resource from anatomy and physiology to body awareness that helps them discover and correct misconceptions about how their bodies are designed and how they function This book provides detailed descriptions of the structures and movements necessary for healthy and efficient body awareness balance breathing phonation resonance articulation and gesture Many voice books focus on the anatomical facts but leave singers asking How can I apply this to my singing What Every Singer Needs to Know About the Body helps to answer that question providing practical exercises and detailed illustrations New to This Edition Updated and revised content throughout the text Bulleted review sections for each chapter New and updated links to recommended videos Information on Biotensegrity and how it pertains to Body Mapping along with helpful links to resources on the subject An expanded glossary What Every Singer Needs to Know About the Body includes audio and video recordings of the exploratory exercises This book provides the technical foundation for singers of all styles The authors do not espouse a single method or attempt to teach singing techniques or styles Rather they describe the movements of singing with accuracy and detail so that singers may experiment on their own and communicate with each other in a common language

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