

# TREATING EPILEPSY NATURALLY



A GUIDE TO ALTERNATIVE  
AND ADJUNCT THERAPIES

**INCLUDES INFORMATION ON:**

- Nutrition, food allergies, and the ketogenic diet
- Age, gender, and epilepsy
- Workplace and environmental issues
- Herbal remedies and other natural treatments
- Toxins and their role in seizure disorders
- How to choose and work with a health care practitioner

PATRICIA A. MURPHY

FOREWORD BY RUSSELL BLAYLOCK, M.D.

# Treating Epilepsy Naturally A Guide To Alternative And Adjunct Therapies

**Rose Arny**



## **Treating Epilepsy Naturally A Guide To Alternative And Adjunct Therapies:**

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