

S E C O N D E D I T I O N

TREATING ALCOHOL DEPENDENCE

A Coping Skills Training Guide

PETER M. MONTI ♦ RONALD M. KADDEN
DAMARIS J. ROHSENOW ♦ NED L. COONEY
DAVID B. ABRAMS

Treating Alcohol Dependence A Coping Skills Training Guide

John Hunsley, Eric J. Mash



Treating Alcohol Dependence A Coping Skills Training Guide:

Treating Alcohol Dependence Peter M. Monti, 2002-08-12 Now in a revised and expanded second edition this book presents a straightforward multi session coping skills training program that has been proven effective in helping alcohol dependent individuals The volume provides everything needed to implement the program including a clear theoretical and empirical rationale step by step session guidelines helpful clinical pointers and over 40 reproducible client handouts assessment instruments and therapist forms Sessions focus on developing key interpersonal and intrapersonal skills to help participants learn positive strategies for coping with the everyday demands of life and resisting the urge to drink Updated throughout to reflect current ideas and research findings on addictive behavior change the protocols in the second edition have been reorganized and streamlined for greater applicability in today's managed care settings Two entirely new chapters provide guidelines for conducting cue exposure treatment and addressing dual diagnosis issues with particular attention to tobacco dependence Of special value for practitioners the new 8 5 x 11 format makes it easier than ever to reproduce and use the practical materials in the book

Treating Alcohol Dependence Peter M. Monti, 1989 **Cognitive-behavioral Coping Skills Therapy Manual**, 1995 Relapse Prevention G. Alan Marlatt, Dennis M. Donovan, 2007-12-26 This important work elucidates why relapse is so common for people recovering from addictive behavior problems and what can be done to keep treatment on track It provides an empirically supported framework for helping people with addictive behavior problems develop the skills to maintain their treatment goals even in high risk situations and deal effectively with setbacks that occur The expert contributors clearly identify the obstacles that arise in treating specific problem behaviors review the factors that may trigger relapse at different stages of recovery and present procedures for teaching effective cognitive and behavioral coping strategies

A Guide to Assessments That Work John Hunsley, Eric J. Mash, 2018-04-06 This volume addresses the assessment of the most commonly encountered disorders or conditions among children adolescents adults older adults and couples Strategies and instruments for assessing mood disorders anxiety and related disorders couple distress and sexual problems health related problems and many other conditions are reviewed by leading experts

Treatment Approaches for Alcohol and Drug Dependence Tracey J. Jarvis, Jenny Tebbutt, Richard P. Mattick, Fiona Shand, 2005-08-05 The first edition of this book was based upon the recommendations of the Quality Assurance in the Treatment of Drug Dependence Project and provided a step by step guide for therapists working with clients with alcohol or other drug dependency or misuse Since publication in 1995 it has become well known for its easy to read style and wealth of practical resource materials However the evidence in the field has moved forward in the last eight years creating a need for an updated edition Retaining the trademark easy to use up to date style the Second Edition offers new chapters on pharmacotherapies case management young people and dual diagnosis Other chapters have been updated to reflect the latest research findings and current practice and the practice sheets and client handouts are made available online for

downloading and customization by therapists **Alcohol Research & Health** ,2010 **Alcohol Use Disorders** Stephen A Maisto, Gerard Connors, Ronda L Dearing, 2007-01-01 Alcohol abuse and alcohol dependence are widespread and the individual and societal problems associated with these disorders have made the study and treatment of alcohol use disorders a clinical research priority Research over the past several decades has led to the development of excellent empirically supported treatment methods This book aims to increase clinicians access to empirically supported interventions for alcohol use disorders with the hope that these methods will become the standard in clinical practice **Psychotherapy for the Treatment of Substance Abuse** Marc Galanter, Herbert D. Kleber, 2011 In Psychotherapy for the Treatment of Substance Abuse leading authorities on substance abuse treatment techniques review and illustrate the most common interventions for opioid related and alcohol related substance abuse disorders as well as crucial methodologies for testing and patient placement Methods reviewed include self help fellowships such as Alcoholics Anonymous cognitive behavioral and psychodynamic treatments motivational enhancement group and family therapy contingency management and the multimodal approach called Network Therapy which recruits the support of friends and family to prompt abstinence and prevent relapse Each chapter includes vivid case studies to illustrate the approach described as well as a review of the key clinical concepts and a list of essential readings Adapting a new clinically focused manual from their popular American Psychiatric Publishing Textbook of Substance Abuse Treatment now in its fourth edition Dr Galanter and Dr Kleber have designed Psychotherapy for the Treatment of Substance Abuse to be of practical application to both experienced clinicians and those new to the field The accompanying DVD demonstrates Network Therapy in practice and includes enlightening commentary on key issues that are relevant across the many modalities of substance abuse treatment discussed in the book

Treating Addiction William R. Miller, Alyssa A. Forcehimes, Allen Zweben, 2019-08-15 What we wish to offer you then is an updated professional resource that combines both clinical and scientific perspectives We hope this book will be helpful to professionals who are already treating addictive disorders and also to those who are just learning how to treat addictions We also encourage health professionals more generally to think of addictions as falling within their own normal scope of work and we have kept this in mind in our writing In addiction treatment it makes a difference what you do and how you do it and it is far easier to develop evidence based practice from the outset than to change already established habits Page x

Unveiling the Magic of Words: A Report on "**Treating Alcohol Dependence A Coping Skills Training Guide**"

In some sort of defined by information and interconnectivity, the enchanting power of words has acquired unparalleled significance. Their power to kindle emotions, provoke contemplation, and ignite transformative change is actually awe-inspiring. Enter the realm of "**Treating Alcohol Dependence A Coping Skills Training Guide**," a mesmerizing literary masterpiece penned with a distinguished author, guiding readers on a profound journey to unravel the secrets and potential hidden within every word. In this critique, we shall delve in to the book is central themes, examine its distinctive writing style, and assess its profound impact on the souls of its readers.

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