

USE OF THE MINI-BATON (YAWARA STICK) FOR LAW ENFORCEMENT AND SECURITY OFFICERS:

By

Joseph J. Truncale



A PRO-SYSTEMS BASIC GUIDE MANUAL SERIES

Use Of The Mini Baton A Basic Manual

Joseph Truncale



Use Of The Mini Baton A Basic Manual:

USE OF THE MINI-BATON: A BASIC MANUAL Joseph Truncale, 2015-04-05 This manual was written for law enforcement and security officers who may be interested in the use of the Mini Baton The Mini Baton can include any type of short stick such as the Yawara stick Persuader Baton Kubatons Tactical Pens and other short stick like object Topics in this manual include History of the short stick or Mini Baton Basic principles of the Mini Baton Stance and balance Basic gripping Basic blocking Basic striking Wrist control and takedown techniques How use the Mini Baton for basic self defense Basic teaching principles There is also a sample course outline for those who are interested following an organized program of learning this effective and practical self defense and control tool Pro-Systems: The Basic Use of 5 Weapons Joseph

Truncale, 2015-03-14 Besides the body's natural weapons we also emphasize how to use five basic weapons that can relate to numerous other common items for self defense purposes They include the following The Short Stick the Straight Stick Straight Baton the Side Handle PR 24 Baton the Knife and the Gun are the primary weapons in the Pro Systems Combatives program Hanbo Jutsu: Use of hanbo, cane and walking stick for self defense Joseph Truncale, 2015-04-05 Here is a

manual for anyone interested in the basic use of the Hanbo cane and walking stick for self defense This Pro Bushi Basic Manual covers the essential techniques and tactics needed to defend yourself against most common types of attacks The Hanbo cane and walking stick are one of the few legal weapons that can be carried on planes or in court rooms *The pen, your mighty self defense friend* Joseph Truncale, 2015-03-19 This book will show you how a simple writing tool can easily be turned into an effective self defense weapon with just a little knowledge practice determination and imagination This is to my knowledge the first manual ever written that deals primarily with the use of the pen as a self protection tool Some of the areas this book will cover include choosing the best pen for self defense carrying methods how to grip the pen for most effectiveness the right to self defense and the law vulnerable areas of the body and specific techniques and tactics to use the pen for self defense When you finish this text you will be more aware and confident in your ability to defend yourself using a simple pen or pencil The key to defending yourself must always begin with the realization that your own body has numerous areas that can be used as a self defense tool Pro-Systems: Baton Reverse Grip System Joseph Truncale, 2015-03-14 This

baton manual takes a different approach on how to employ the standard straight police baton Whether you carry the expandable type of baton or the standard rigid model this text will provide a different perspective on how to use the baton for control and self defense The Baton Reverse Grip System BRGS was not created to take the place of any other baton system It was designated to increase an officer's options when employing the law enforcement straight baton in arrest and control situations *Pro-Systems: Combatives Volume One* Joseph Truncale, 2015-03-14 This is the first volume of the Pro Systems Combatives PSC system This manual has all the basic techniques principles and essential warm up drills required to learn the entire basic Pro Systems Combatives PSC self defense offense system This volume also covers responses to punching attacks

kicking attacks wrist arm grab attack counters body grab counters and drills Volume two covers the Pro Systems Combatives PSC self defense responses to chokes head locks knife gun multiple subjects and ground attack counters **TACTICAL PRINCIPLES OF THE MOST EFFECTIVE COMBATIVE SYSTEMS** Joseph Truncale,2015-03-14 Here is a book that every student and teacher of the combat arts will want to have in their personal library There has never been a book about the combat arts as unique as this one If you would love to know the basic tactical principles of some of the world s most effective fighting and combat systems this book is for you There are more than 30 different arts and their tactical principles in this book This is a manual you will refer to often as an excellent reference source on tactical principles **Great American War Club** Fernan Vargas,Joseph Truncale,2017-06-24 A guide to using the base ball bat axe handle and other big clubs for self defense **Weapon Survival** Fernan Vargas,Joseph Truncale,2017-10 A Pro Systems and Raven Tactical manual on how to defend against sticks clubs knives and pistols Techniques and tactics adaptable to any current training system

SHOTOKAN KARATE: PRACTICAL COMBAT KARATE FOR THE STREET Joseph Truncale,2015-07-05 Shotokan Karate is one of the most effective forms of self defense but it is this area that is most ignored in traditional Shotokan dojos This modest manual is different from most Shotokan Karate texts because it focuses on the self defense application of karate Traditional Shotokan karate concentrates on three primary areas They are basics or Kihon Kata or forms and sparring or kumite The sparring may consist of five times sparring three times sparring one time sparring semi free sparring and free sparring Self defense training is seldom practiced and this manual hopes to fill that gap for students of Shotokan and other traditional styles of Karate This manual covers the basic principles of self defense use of force factors in self defense simple and effective self defense techniques to counter arm grabs body grabs choke attacks punching and kicking attack counters club attacks knife attacks gun attacks ground attacks and multiple attacker self defense techniques **FACTS AND FALLACIES ABOUT MARTIAL ARTS & SELF DEFENSE VOL. 1** Joseph Truncale,2015-06-02 If you are into the martial arts self defense and combative fields this is a book that explores the many myths misconceptions facts and fallacies surrounding the martial arts self defense and combatives This is actually a two volume set but each one can stand alone Volume two covers Facts and Fallacies about law enforcement and defensive tactics This is just a small sample of the many questions you will find answers to in this manual What martial art has the best punching techniques What martial art has the best throwing techniques What martial art has the best grappling techniques Can a black belt defeat any street fighter Are Asian instructors always the best teachers Are there any American martial arts masters Are all black belts experts in self defense Do all martial arts really teach practical street wise self defense This is a book for anyone interested in learning the truth and facts about the martial arts and self defense **FACTS AND FALLACIES ABOUT LAW ENFORCEMENT TRAINING AND DEFENSIVE TACTICS** Joseph Truncale,2015-06-02 This is a manual will be of interest to not only all Law Enforcement Defensive Tactics Instructors but to anyone in the law enforcement field who is concerned about the facts and fallacies

floating around this field The following are just a sample of the questions this basic guide will answer Is law enforcement defensive tactics a science Do the techniques and tactics you were taught always work on the street What is reality based training as it applies to defensive tactics Is there any formal martial art which is perfect for police officers Should officers be taught striking techniques Is the PR 24 Police Baton just a Tonfa Is training once a year sufficient to remain competent in defensive tactics Field Manuals United States. War Department,1975 **The 1984 Guide to the Evaluation of Educational Experiences in the Armed Services** ,1984 **The 1980 Guide to the Evaluation of Educational Experiences in the Armed Services: Coast Guard, Marine Corps, Navy, Dept. of Defense** American Council on Education,1980 Dark Revelation - The Role Playing Game - Player's Guide C.N. Constantin,Jason Cable Hall,2014-12-07 The Hodgepocalypse takes North America and the d20 system and makes it a diverse world filled with magical rites modern technology and bizarre cultures **A Guide for Choral Conductors** Harry Robert Wilson,1950 Police Officer's Handbook Robert Stering,2005 Law Enforcement Policing Security A Comprehensive Guide to Music Therapy Lars Ole Bonde,Tony Wigram,2002-07-05 Music therapists as in medical and paramedical professions have a rich diversity of approaches and methods often developed with specific relevance to meet the needs of a certain client population This book reflects the many components of such diversity and is a thoroughly comprehensive guide to accessing and understanding the ideas theory research results and clinical outcomes that are the foundations of this field Providing a detailed insight into the field of music therapy from an international perspective this book enables the reader to see the complete picture of the multifaceted and fascinating world that is music therapy **Catalog of Copyright Entries. Third Series** Library of Congress. Copyright Office,1974

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