

Women *over 50*

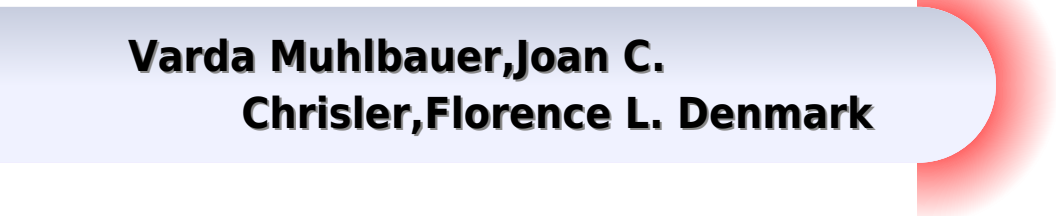
Psychological Perspectives

VARDA MUHLBAUER • JOAN C. CHRISLER
EDITORS



Women Over 50 Psychological Perspectives

**Varda Muhlbauer, Joan C.
Chrisler, Florence L. Denmark**



Women Over 50 Psychological Perspectives:

Women over 50 Varda Muhlbauer, Joan C. Chrisler, 2007-08-18 This book analyzes the challenges benefits coping strategies problems and accomplishments associated with the midlife experience of women Ten chapters present the state of research and correct longstanding myths regarding significant aspects of middle aged women s lives The book bridges a major knowledge gap in the feminist psychology literature It balances optimism and realism about older women s lives and younger women s futures

Women over 50 Varda Muhlbauer, Joan C. Chrisler, 2008-11-01 This book analyzes the challenges benefits coping strategies problems and accomplishments associated with the midlife experience of women Ten chapters present the state of research and correct longstanding myths regarding significant aspects of middle aged women s lives The book bridges a major knowledge gap in the feminist psychology literature It balances optimism and realism about older women s lives and younger women s futures

Conceptualising Women's Working Lives Wendy Patton, 2013-04-20 Theoretical work on the career development of women has travelled a journey from critique to creation Early work responded to and criticised a literature that focused on theorising male roles in a workplace that was conceptualised as providing vertical career paths primarily for middle class males More recently theorists are creating new constructions and frameworks to enable a more holistic understanding of career applicable to both women and men These constructions include broadening the discussion from women s careers to women s working lives This is the fifth book in the Sense Publishers Career Development Series It features the vibrant work of contributors from around the world writing in the field of women s working lives It emphasises the need to explore theoretical connections and understandings in order to facilitate a more holistic and inclusive understanding of women s working lives The writers in the current volume acknowledge the changing roles of women in both public and private spheres Women s roles in paid work are changing both in their nature and type of engagement In addition with an ageing population women s roles in care work are increasingly being extended from child care to aged care This book provides a history of theorising about women s careers in addition to presenting a focus on current empirical and theoretical work which contributes to understandings of women s working lives It s contributions both map the current discourse and challenge future work to extend the boundaries of that discourse

Women and Aging Varda Muhlbauer, Joan C. Chrisler, Florence L. Denmark, 2014-10-20 These are paradoxical times to be an older woman As individual older women take the stage as role models in the arts and the public sphere female elders as a group are marginalized as dependent declining and unimportant Women and Aging surveys the evolving sociopolitical landscape in an era still struggling with gender and age discrimination This insightful volume recasts familiar concepts such as social roles appearance health sexuality and transition through the related lenses of empowerment restraint and quality of life well being for a deeper understanding of the disparities that exist both with men and within their own gender Two especially relevant questions emerge from this framework how women over 60 are contributing to the current climate of

societal change and how these positive developments can improve the lives of older women as a whole Featured topics analyze the wider implications of older women s experiences as family members sensual and sexual beings drivers of economies and members of a diverse population worldwide Older women power and the body Older women economic power and consumerism The impact of multiple roles on older women Strain or enrichment Older women leadership and encore careers Sexuality in older women Desirability and desire Lesbians over 60 Newer every day Clinical interventions to empower older women A significant advance in femi nist research Women and Aging brings path breaking perspectives to scholars in women s studies gerontology psychology sociology social work and human development whether they study women who have overcome barriers or those who need support in changing the rules **Women and Mental Disorders**

Paula K. Lundberg-Love, Kevin L. Nadal, Michele A. Paludi, 2011-11-08 For too long studies lumped women s mental health with that of men notwithstanding profound differences This groundbreaking work decisively addresses that oversight as a team of expert scholars and therapists spotlights common female mental disorders explores the causes and explains available therapies In the last two decades feminist therapists and scholars have called for new models of mental health that value women and femininity To that end the four volume Women and Mental Disorders brings together recent research and theory to explore its subject from a feminist perspective This exhaustive set treats every aspect of women s mental health from diagnoses to treatment Underlying the entire work is an awareness of varying cultural definitions of mental health and the importance of understanding a woman s cultural background if treatment is to be respectful and successful Special attention is also paid to women who have been victims of violence whether in intimate relationships the workplace or at school and to how these experiences impact mental and physical health self concept interpersonal relationships and career development Approaches to treating women with eating disorders agoraphobia anxiety and depression PTSD and personality disorders are covered as well Finally the set provides resources to help readers address their own needs or those of friends and family

The Palgrave Handbook of Power, Gender, and Psychology Eileen L. Zurbruggen, Rose Capdevila, 2023-12-28 The Palgrave Handbook of Power Gender and Psychology takes an intersectional feminist approach to the exploration of psychology and gender through a lens of power The invisibility of power in psychological research and theorizing has been critiqued by scholars from many perspectives both within and outside the discipline This volume addresses that gap The handbook centers power in the analysis of gender but does so specifically in relation to psychological theory research and praxis Gathering the work of sixty authors from different geographies career stages psychological sub disciplines methodologies and experiences the handbook showcases creativity in approach and diversity of perspective The result is a work featuring a chorus of different voices including diverse understandings of feminisms and power Ultimately the handbook presents a case for the importance of intersectionality and power for any feminist psychological endeavor The Essential Handbook of Women's Sexuality Donna Marie Castañeda, 2013-01-24 This cutting edge two volume set with

contributions by distinguished and internationally recognized scholars provides a comprehensive picture of contemporary issues in the field of women's sexuality emphasizing women's diversity and international perspectives. The multifaceted field of women's sexuality has expanded as a field of inquiry over the last 25 years to encompass a wide range of new perspectives, theories, topics, findings, and controversies. The chapters in this work review and question the utility of standard sexuality frameworks addressing purely biological models, heteronormative definitions of sexuality, and others, and provide new insights and approaches to understanding women's sexuality. The intersectional and contextual nature of women's sexuality and how it is inextricably connected to women's relational, social, economic, and cultural contexts is highlighted. *The Essential Handbook of Women's Sexuality* includes in-depth coverage of a wide range of women's sexuality topics including sexual desire and satisfaction, sexuality in relationships, development across the lifespan, sexuality concerns in diverse countries, pornography, lesbian, bisexual, and transgender women, women from diverse backgrounds, health and sexuality, reconceptualizations of women's sexual problems, trauma, rape, and intimate partner violence, and mental health and therapy. These volumes can serve as a resource for students, researchers, and anyone seeking a greater understanding of women's sexuality.

Gender, Humiliation, and Global Security Evelin Lindner, 2010-02-26. An award-winning author and transdisciplinary social scientist offers a must-read guide to paradigm change for creating a socially and ecologically sustainable future. *Gender, Humiliation, and Global Security: Dignifying Relationships from Love, Sex, and Parenthood to World Affairs* aims at outlining the kind of change that needs to be made if we wish to create a less crisis-prone world. This audacious work describes a vision for an alternative future showing how new approaches to love can dignify gender relations, sex, parenthood, and leadership, and how they can guide us to a world where all citizens can live dignified lives. The book is organized in three parts: Part I, *Gender, Humiliation, and Lack of Security in Times of Transition*, examines the nature of humiliation and how love and humiliation are influenced by large-scale historical transitions such as globalization; Part II, *Gender, Humiliation, and Lack of Security in the World Today*, looks at love, sex, parenthood, and leadership and how they can be dignified; Part III, *Global Security through Love and Humility in the Future*, explores how love can be used to inspire psychological, social, cultural, and political strategies and to stimulate global systemic change.

The Power of Women Susan Nolen-Hoeksema, 2025-10-16. From the bestselling author of *Women Who Think Too Much*, a groundbreaking self-improvement program that empowers women. Women are extraordinarily hard on themselves. They scrutinize their flaws, asking, "Am I a good lover? A good mother? Successful in my career?" They get preoccupied with ways they do not measure up, twisting themselves into knots to fix problems no one else can see. *The Power of Women*, from award-winning and bestselling psychologist Susan Nolen-Hoeksema, shows women how to break this cycle by discovering and utilizing their unique psychological strengths. Drawing on original research and the instructive stories of real people, Nolen-Hoeksema identifies the skill sets that women, based on their biology and social roles, bring to challenges. Mental strengths such as the instinct to

manage scarce resources Identity strengths which maintain strong values under pressure emotional strengths such as anticipating the effects of decisions relational strengths with an emphasis on win win solutions Combined these strengths give women a powerful ability to lead during transformational times She then provides hands on assessments for pinpointing strengths with the most relevance to a problem exercises for building strengths and inspiring examples of women s inventiveness resilience and sheer determination This revolutionary book of self improvement gives women the tools to hone their skills as entrepreneurs and managers mothers and wives mentors and community leaders and as individuals pursuing their talents and dreams

Psychology for Business Success Michele A. Paludi, 2013-03-25 This comprehensive four volume work presents practical up to date recommendations in areas impacting all job applicants and employees including work life balance diversity management performance recruitment training programs and employee conflict This four volume set uniquely integrates legislation management theories and social science research to cover a variety of human resource management topics such as leadership and managerial styles generational conflict in the workplace techniques for evaluating employee performance and workplace violence In addition best practices for policies investigation procedures and implementing training programs are covered all information that can result in dramatic improvements in the workplace environment and business success Every recommendation in this set is reflective of as well as responsive to the needs of employees The overall objective of the work is to provide readers with effective management strategies to work strategically ethically honestly and effectively with people Additionally the contents emphasize the importance of gaining an understanding of the strategic influences on managing people for example documenting the connections between business and psychological strategies like effective listening

The Enigmatic Realm of **Women Over 50 Psychological Perspectives**: Unleashing the Language is Inner Magic

In a fast-paced digital era where connections and knowledge intertwine, the enigmatic realm of language reveals its inherent magic. Its capacity to stir emotions, ignite contemplation, and catalyze profound transformations is nothing in short supply of extraordinary. Within the captivating pages of **Women Over 50 Psychological Perspectives** a literary masterpiece penned by way of a renowned author, readers embark on a transformative journey, unlocking the secrets and untapped potential embedded within each word. In this evaluation, we shall explore the book's core themes, assess its distinct writing style, and delve into its lasting affect the hearts and minds of those that partake in its reading experience.

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