WORKBOOK

# SUNDE

Recovering from

an Extramarital Affair

DAVE CARDER

# Torn Asunder Workbook Recovering From An Extramarital Affair

**Tim Clinton, Ron Hawkins** 

## Torn Asunder Workbook Recovering From An Extramarital Affair:

Torn Asunder Workbook David Carder, 2010-04-01 Based on the principles in the bestselling Torn Asunder a book that has helped thousands of people survive infidelity this revised and expanded workbook offers five crucial services for hurting couples Stabilizes the marriage in the initial crisis Provides structure for the emotionally volatile environment Brings closure to the old marriage the marriage prior to the affair Establishes skills necessary for the new marriage pattern Answers the questions How could you do this to me Why did you do it The Torn Asunder workbook is built around daily twenty minute homework exercises initiated by each spouse on alternating days for ten to fifteen weeks Working with your spouse might be the last thing you want to do right now but it s essential to your long term recovery whether or not your marriage survives Healing won t be easy But the Torn Asunder workbook provides hope encouragement and practical advice for the journey Take the first step today **Torn Asunder Workbook** David Carder, 2001 Torn Asunder Dave Carder, 2007-05-01 A resource on marital infedlity for all involved even onlookers Written by respected pastor and marriage counselor Dave Carder this revised and expanded version of Torn Asunder sorts through the factors that contribute to infidelity and then maps out a recovery process for both partners With compassion and wisdom rooted in the Bible Carder offers insight for the victims of adultery the perpetrators and those who seek to help hurting couples Along the way Carder also answers questions like Why did this happen We didn t actually sleep together so is it still an affair Can I trust my spouse again Should I reveal a secret affair What if my spouse doesn t want me back What do we tell the kids This refreshed and updated edition is an excellent resource for pastors leaders and lay people Pair this with the Torn Asunder Workbook to for extra guidance in applying the book s advice to your marriage Unlocking Your Family Patterns David Carder, Earl R. Henslin, John S. Townsend III, William Henry Cloud, Alice Brawand, 2011-04-01 Revised and updated from the original this honest and forthwright look at families of all shapes and sizes will help you down the path of healing whether you know you need it or whether you re just not sure Unlocking Your Family Patterns combines decades worth of counseling wisdom and pastoral care insights into this one practical resource Your past may hurt and your family s patterns may have left emotional scars but your future has not been laid in stone yet. There is hope for healing there are lessons to learn and there are paths toward family health Using clinical biblical and practical examples to help you uncover the patterns your family has lived in this book might lead you toward the family u turn you ve been looking for Healing the Wounds of Sexual Addiction Mark Laaser, 2009-05-26 Hope real hope for recovery is within reach This book goes beyond clich answers and offers meaningful spiritual and practical steps to healing and freedom from sexual addiction or any addiction With today's rampant availability of Internet pornography sexual addiction has become a national epidemic that affects an increasing number of Christians even pastors and priests As devastating as any drug habit it brings heartbreak and despair to those it entangles But there is help for men and women caught in sexual addiction s downward spiral This book offers a path that leads beyond compulsive thoughts and

behaviors to healing and transformation Speaking from his own experience with sexual addiction and recovery Dr Mark Laaser is sensitive to the shame of sexual addiction without minimizing its sinfulness He traces the roots of the problem discusses its patterns and impact and maps out a biblical approach to self control and sexual integrity Whether you know someone with a sexual addiction or struggle yourself Healing the Wounds of Sexual Addiction points the way to understanding wholeness and holiness Spanish edition also available previously titled Faithful and True Marnie C. Ferree, 2002 You ll be surprised at the definition of female sexual addiction and the numbers of women who struggle with it No Stones Women Redeemed from Sexual Shame is a powerful and provocative book about the Christian woman's secrets about her sexual behavior and her relationships It bravely addresses this taboo subject with frankness compassion and vulnerability This definitive work combines the best clinical knowledge with the truth of biblical principles For those women shackled with sexual shame No Stones points the way to redemption The Popular Encyclopedia of Christian Counseling Tim Clinton, Ron Hawkins, 2011-09-01 Seasoned counselors and professors Tim Clinton and Ron Hawkins provide a landmark reference that offers a capstone definition of the emerging profession and ministry of the Christian counselor Appropriate for professional counselors lay counselors pastors students and teachers it includes nearly 300 entries by nearly 100 top Christian counselors At approximately 500 pages this practical guide focuses on functional aspects of Christian counseling and explores such important topics as Christian counseling as a profession ministry and lay ministry Spiritual and theological roots Social emotional and relational issues Skills and essentials in Christian helping Ethical and legal considerations Intake assessment diagnosis and treatment planning Premarital counseling family therapy and substance abuse Counselors will also find up to date information on solution based brief therapy cognitive therapy and biblical truth and trauma and crisis intervention An essential resource for maintaining a broad and up to date perspective on helping others **Pungent Boundaries** Nancy Landrum M.A,2014-11-07 In Pungent Boundaries the fourth volume of her Love Potions for Healthy Relationships series Nancy Landrum uses many descriptions and examples to clarify the sometimes confusing topic of codependency and boundary setting Nancys life experience uniquely qualifies her to educate others about the concepts and pitfalls of setting healthy boundaries If youre tired of feeling resentful exhausted from trying to figure out what is wrong struggling to understand the difference between loving support and unhealthy codependency this simply written handbook is for you By learning to establish and maintain healthy boundaries your life will be liberated from resentment that poisons your relationships and prevents you from taking good care of yourself Avoiding the Greener Grass Syndrome Nancy C. Anderson, 2017-11-28 Extramarital affairs are certainly not the social taboo that they once were and may be more prevalent now than ever Unfortunately Christians are not exempt With the anonymity of the Internet and the privacy of personal mobile phones the temptation to cheat on one s spouse has fertile ground to grow After straying to the other side of this marital fence and returning to find forgiveness and restoration Anderson brings this practical book

about predicting and preventing an extramarital affair Based on the principle that the grass is always greener when it s watered Avoiding the Greener Grass Syndrome focuses on how to grow a beautiful marriage by establishing six protective hedges around it This second edition includes a new chapter on repairing marriage following infidelity as well as an appendix considering the Andersons own marriage before and after the affair from Ron's point of view **Close Calls** David Carder,2008-09-01 Never say never because just when you think your marriage is safe from adultery is when you may be the most vulnerable Dave Carder counselor author of the bestselling Torn Asunder 100 000 in print and a sought after expert on issues of adultery Now with eye opening stories clinical insights and up to date data he reveals what adulterers learned the hard way and want the rest of us to know For example every spouse has a Dangerous Partner Profile of the kind of person who tempts them Close Calls should be on every church leader s and marriage counselor's required reading list Includes charts and assessments

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