

## Psychology Chapter 1 Study Guide

Be able to answer the following questions and/or statements for the chapter 1 test:

1. What are the steps in psychological research?
2. How did Freud gain his understanding of human behavior?
3. What is the main area of study for developmental psychologists?
4. How are the methods of psychology related to the natural sciences? They both...
5. What is **(modern, contemporary)** psychoanalytic psychology focused on?
6. Who wrote the first modern psychology textbook?
7. Is a basic truth or law a theory or principle?
8. List some examples of cognitive activity.
9. What school of thought did Freud found?
10. Who founded the behavioral school of thought?
11. What school of thought emphasizes thinking?
12. What is the definition of psychology?
13. What type of psychologists treat patients with adjustment processes rather than major psychological illnesses?
14. What psychological approach emphasizes gender, ethnicity, culture and economic status?
15. What is introspection and what Greek championed it?
16. When were psychological laboratories first established to scientifically study psychology?

# Understanding Psychology Study Guide Answer

**Richard O. Straub, David G. Myers**



## **Understanding Psychology Study Guide Answer:**

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